

Keeping up with teaching teenagers

COURSE DATES
20th -25th July

FEES
Course 955 € per week
Accommodation 390 €

COURSE LOCATION
Segovia, Spain

Target audience

Teachers of all subjects of lower and upper secondary school. Students' age range 11 to 18 years.

You will need an intermediate level of English (B1 or above) to participate in this course.

Course summary

We will focus on the specific demands of working with this age group presents. 11 to 18 years old are a very special and sometimes "difficult" group to teach. Being 'on the fence' between childhood and adulthood can be challenging for students, teachers, and parents.

We will look into specific features of the brain in puberty and the implications for communication and work with teenagers (for the sake of brevity, we will include 11 and 12 years old in the 'teenager' group.) We will investigate tools and strategies designed to improve communication, avoid and solve conflicts with minimal stress and discomfort for everybody involved.

The course touches upon various fields related to teaching: methodology, classroom management, 21st century skills, soft leadership, mediation, emotional self-management, creating rapport, stress management and recuperation. Although the examples we use will be predominantly from ELT, the tools and strategies are applicable for all fields and subjects.

Course content

- What is going on in a teenage brain?
- The importance of being credible
- The "child or adult" dilemma
- Strategies and tools to foster mutual respect
- Classroom management 'pitfalls' and 'ladders'
- Conflict-solving strategies and algorithms
- Strategies to retain and regain control in critical situations
- 21st Century Skills for teenagers
- Bullying: why it happens, how to detect it and how to deal with it.
- Strategies to step away from stress in conflict situation
- Prioritizing rules and expectations: the importance of picking your battles
- Creating and respecting boundaries
- Effective recuperation between classes and after work

Special offers for 2025
10% off if two book together
15% off if three book together
Early bird - 50 euros off if you book before 18.01.2025



Pilgrims

Sample programme

Please note this is only a sample programme and the actual programme will be negotiated between your trainer and the group on the first day of the course.

Monday	Tuesday	Wednesday	Thursday	Friday
Needs Analysis Share your experience	Rapport-building strategies and tools for working with teenagers (which can be very different from those for young learners or adults!)	Classroom management I: communication outside teaching and learning	Sharing and regaining control: boundaries of freedom and giving choices	Bullying: why it happens and how to detect it. Types of bullying, types of bullies and how to deal with them. Tools for dealing with parents and setting up realistic expectations.
Developmental stages of the brain. The special features of the puberty brain and their real life implications	Types of conflicts in a teenage classroom. Preventable, solvable or unsolvable? (I)	Classroom management II: communication during teaching and learning	Conflict solving strategies between teacher and one student or between a teacher and a class	Emotional self-management: the importance of "stepping back", recuperation between classes and recuperation outside school.
Child or Adult? Balance and boundaries	Types of conflicts in a teenage classroom. Preventable, solvable or unsolvable? (II)	Building and retaining credibility and mutual respect	Conflict solving strategies between students. The teacher as a mediator	"Tying loose ends": last questions, reflections, and feedback. Creating individual action plans. Saying goodbye.

Is the course right for me?

Yes, if you work with or are planning to work with students in the age group 11 to 18 years old.

Type of certification awarded

Attendance certificate detailing topics covered, course content and the number of training hours.



Contact:
Info@pilgrimsteachertraining.eu